

# CSRS-AP

Cervical Spine Research Society – Asia Pacific Section

## Instructional Course



DHULIKHEL HOSPITAL  
We Care

### Day 1

### August 26, 2023 [Saturday]

08:30-09:00	Welcome Address by President of CSRS-AP Introduction	Gabriel Liu Dipak Shrestha
<b>09:00-10:30</b>	<b>Session I: Fracture Management</b>	
09:00-09:15	C1-C2 Fracture	Dipak Shrestha
09:15-09:30	C3-C7 Fracture	Bishnu Babu Thapa
09:30-09:45	Q & A	
09:45-10:00	Management of Acute Spinal Cord Injury - When to Operate?	Rabindra Lal Pradhan
10:00-10:15	Vertebral Artery Injury and Prevention	Hiroshi Takahashi
10:15-10:30	Q & A	
<b>10:30-11:00</b>	<b>Tea Break</b>	
<b>11:00-12:45</b>	<b>Session II: Surgical Techniques</b>	
11:00-11:15	ACDF and ACCF	Dong Hoe Lee
11:15-11:30	ADR	Gabriel Lui
11:30-11:45	Lateral Mass and Pedicle Screw	Hiroshi Takahashi
11:45-12:00	C0-C2 Screw Fixation	Gabriel Lui
12:00-12:15	Laminoplasty	Hiroshi Takahashi
12:15-12:30	Anterior Odontoid Fixation	Pashupati Chaudhary
12:30-12:45	Q & A	
<b>12:45-13:45</b>	<b>Lunch</b>	
<b>13:45-15:00</b>	<b>Session III: Case Discussion on Trauma</b>	
13:45-14:10	Case I	Gabriel Lui
14:10-14:35	Case II	Prem Shahi
14:35-15:00	Case III	Prateek Karki
<b>15:00-16:30</b>	<b>Session IV: Special Pathologies</b>	
15:00-15:15	Spinal Infection (TB and Pyogenic)	Binod Bijukachhe
15:15-15:30	Spinal Metastasis	Gabriel Lui
15:30-15:45	Ankylosing Spondylitis	Rothi Pokharel
15:45-16:00	OPLL	Dong Hoe Lee
16:00-16:15	Spinal Cord Tumors	Amit Pradhananga
16:15-16:30	Q & A	
<b>16:30-16:45</b>	<b>Tea Break</b>	
<b>16:45-18:15</b>	<b>Session V: Case Discussion on Degenerative</b>	
16:45-17:15	Case I	Dipak Shrestha
17:15-17:45	Case II	Ram Krishna Barakoti
17:45-18:15	Case III	Hiroshi Takahashi
<b>18:15-20:00</b>	<b>Dinner</b>	

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### Day 2 August 27, 2023 [Sunday]

<b>09:00-10:40</b>	<b>Session VI - Degenerative</b>	
09:00-09:15	Cervical Radiculopathy Management	Gopal Sedhain
09:15-09:30	Cervical Myelopathy Management	Gabriel Lui
09:30-09:45	Cervical Deformity	Dong Hoe Lee
09:45-10:00	Q & A	
<b>10:00-10:30</b>	<b>Tea Break</b>	
<b>10:30-12:30</b>	<b>Session VII - Case Discussion on Degenerative</b>	
10:30-11:00	Case I	Krishna Paudel
11:00-12:00	Case II	Tej Prakash Dawadi
12:00-12:30	Case III	Pramod Baral
<b>12:30-13:45</b>	<b>Session VIII: Complications</b>	
12:30-12:45	Airway Obstruction - Cricothyroidectomy	Bikash Lal Shrestha
12:45-13:00	Dysphagia and Dysphonia	Prakash Sitoula
13:00-13:15	C5 Palsy	Bikash Parajuli
13:15-13:30	Pseudoarthrosis and Subsidence	Dong HoeLee
13:30-13:45	Q & A	
<b>13:45</b>	<b>Lunch</b>	
<b>14:00</b>	<b>Presentation of Best Papers Award and Closing Remarks</b>	
	<b>Distribution of Certificate of Attendance</b>	